



MATTERS OF THE HEART: CARDIOVASCULAR DISEASE, HEALTH, & HEALING

TULANE UNIVERSITY'S 3RD BIENNIAL BLACK
WOMEN'S HEALTH CONFERENCE

OCTOBER 12-13, 2018

TULANE UNIVERSITY
ROGERS MEMORIAL CHAPEL AND LAVIN-BERNICK CENTER

www.bwhconference.com
BWHConference@tulane.edu

BLACK WOMEN'S HEALTH TASK FORCE AT TULANE UNIVERSITY WELCOMES CONFERENCE PARTICIPANTS TO NEW ORLEANS, LOUISIANA

Six years ago, a group of faculty and staff from Tulane University and community organizers working in Metro New Orleans convened to brainstorm ways to organize conscious thought and purposeful action toward improving health outcomes for black women and girls. The group was driven, in part, by disparity statistics that characterize the health and wellbeing of black women and girls in comparison with other groups. But we were also motivated by the longer history of struggle for human rights, civil rights, and equal protection under the law, which shows that strategic coordination of people working within and outside academia has always played a vital role in inspiring, supporting, and sustaining mass efforts toward changing and improving health outcomes for people of color. With the pioneering efforts of organizations such as the Black Women's Health Imperative and the Institute of Women and Ethnic Studies as models, the Black Women's Health Task Force at Tulane University was founded on a philosophy of awareness-raising and results-oriented action.

Biennially, the Black Women's Health Task Force at Tulane University hosts a conference in New Orleans, Louisiana that gives practitioners, academics, community activists, and community members the opportunity to come together and formulate a common vocabulary for fostering black women's health and wellness. This year's theme, *Matters of the Heart: Cardiovascular Disease, Health, & Healing*, aims to foster dialogue about the determinants and ramifications of heart disease for black women. The U.S. Department of Health and Human Services identifies heart disease as the #1 cause of death for women in the United States, with one in four women dying annually from the disease. This year's conference spotlights this health issue through a rich variety of workshops, presentations, and plenary talks.

While in attendance, we encourage you to sample other aspects of our culture that makes biennially convening the Black Women's Health Conference in New Orleans both necessary and divine. Outside of the Heart of the French Quarters, choice restaurants and fresh entertainment and education can be found at: *Neyow's Creole Café*, 3332 Bienville Street, *Sassafras of New Orleans*, 2500 Leon C. Simon; *Bennachin's*, 1212 Royal Street; *Li'l Dizzy's Café*, 1500 Esplanade Avenue; *Half Shell on the Bayou*, 2517 Bayou Road; the Community Book Center, 2523 Bayou Road; and the Ogden Museum of Southern Art, 925 Camp Street.

In addition to the donations received from private sponsors, the task force is especially grateful for the support we received to host this year's conference from the Lavin-Bernick Faculty Grant Program and the Program for Africana Studies at Tulane University. As well, we thank you for your participation and contributions to advancing the vision and mission of the Black Women's Health Conference Task Force at Tulane University. Welcome to New Orleans!

Carolyn Barber-Pierre, Assistant Vice-President for Student Affairs/Intercultural Life
Michael Cunningham, Associate Provost, Center for Engaged Learning & Teaching, Professor of Psychology and Africana Studies
Marva Lewis, Associate Professor, School of Social Work
Nghana Lewis, Associate Professor of English and Africana Studies
Lisa Molix, Associate Professor of Psychology



SCHEDULE

FRIDAY, OCTOBER 12, 2018

6:30PM

Opening Address
Myra Clara Rogers Memorial Chapel
1229 Broadway Street, NOLA

Dr. Nghana Lewis

SATURDAY, OCTOBER 13, 2018

8:00-9:00AM

Registration
Myra Clara Rogers Memorial Chapel
1229 Broadway Street, NOLA

9:00-10:15AM

Morning Keynote
Myra Clara Rogers Memorial Chapel
1229 Broadway Street

Dr. Cordel Y. Parris

Born in Trinidad and Tobago, Dr. Parris Cordel is a cardiologist and current resident of Baton Rouge, Louisiana. She is the Owner and Operator of the Parris Cardiovascular Center and specializes in the diagnosis and preventative care of cardiovascular disease.

10:30-11:15AM

Plenary Session I
Myra Clara Rogers Memorial Chapel
1229 Broadway Street

Dr. Emily Harville

Dr. Harville is an Associate Professor in the Department of Epidemiology and Co-Director of the Center for Emerging Reproductive and Perinatal Epidemiology at Tulane's School of Public Health and Tropical Medicine. Her presentation title is: "Transgenerational and Preconception Cardiovascular and Reproductive Health."

11:30-12:30PM

Plenary Session II

Sherena Edinboro

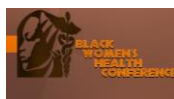
A registered nurse who has been practicing in Northern California for over ten years, Ms. Edinboro is also the founder of "THE i choose me health project" and the founding president of the Capitol City Black Nurses Association in Sacramento, California. Her workshop title is "The 'Strong Black Woman Syndrome' and Black Women's Health."

1:00-2:30PM

Keynote Luncheon
Stibbs Conference Room
Lavin-Bernick Center

Troy Byer

Psychologist, Author, Director, Screenwriter, and Actress, Troy Byer is also an expert in Stress & Emotional Regulation, a certified HeartMath Trainer, and a Certified Anger Management Specialist. Her recent book, *How To Be a Responsibly Powerful Bitch & Take Your Life to New Heights* (2018) was inspired by the female, court-mandated participants in the Anger Management program she teaches.



INDIVIDUAL PANEL/PRESENTATION/WORKSHOP EVALUATION SHEET

SESSION TITLE	
SESSION PRESENTER	
SESSION LOCATION	

To better plan future sessions, we are asking for participant feedback. Please complete the following questionnaire and return it to the evaluation drop box in the atrium outside Riverside I & II.

Please rate the following statements on a 5-point scale, 1 being strongly disagree and 5 being strongly agree. Circle your response.

1. The presenter appeared to be well-informed on the subject matter.	Disagree Agree
	1 2 3 4 5
2. The presenter's style of presentation was engaging.	1 2 3 4 5
3. The format of this presentation was well-suited for the subject matter.	1 2 3 4 5
4. There was sufficient time to address audience questions.	1 2 3 4 5
5. I will be able to apply what I learned from this session to one or more aspects of my professional work and/or community engagement.	1 2 3 4 5

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CONFERENCE EVALUATION SHEET
3RD BIENNIAL BWH CONFERENCE
TULANE UNIVERSITY

To better plan future conferences, we are asking for participant feedback. If you would like to become a member of the Black Women's Health Task Force, please let us know by filling in the appropriate section of the questionnaire. Please rate the following statements on a 5-point scale, 1 being strongly disagree and 5 being strongly agree. Circle your response.

I. Pre-Conference Issues

6. The literature I received prior to the conference provided me with information needed to make appropriate arrangements to attend.	Disagree				Agree
	1	2	3	4	5
7. I had adequate time to register.	1	2	3	4	5
8. Information via the conference website was useful and effective.	1	2	3	4	5
9. Communication via email was informative and effective.	1	2	3	4	5

II. Conference Activities

10. The keynote luncheon address was engaging and relevant to the conference.	Disagree				Agree
	1	2	3	4	5
11. The duration of sessions was appropriate for the number of presenters per session.	1	2	3	4	5
12. Time was sufficiently balanced to provide for presentation and discussion.	1	2	3	4	5
13. Topics covered at this conference were relevant to my professional work and/or research and/or community engagement.	1	2	3	4	5
14. The number and length of breaks were adequate	1	2	3	4	5
15. The length of the conference (2 days) was adequate	1	2	3	4	5
16. Meeting facilities were appropriate in size and accessibility	Disagree				Agree
	1	2	3	4	5

III. Post-Conference Action

17. I would recommend the Black Women's Health Conference to my colleagues.	Disagree					Agree
	1	2	3	4	5	
18. I am likely to attend a future Black Women's Health Conference.	Disagree					Agree
	1	2	3	4	5	

Comments: _____

I would like to become a member of the Black Women's Health Task Force at Tulane University. As a member, I am interested in the following (x all boxes that apply):

- ☐ Assisting with future conference site planning
- ☐ Reviewing proposals for roundtables, panels, workshops, posters, and paper presentations
- ☐ Connecting the BWH Conference Task Force with community-based organizations in my home town/state
- ☐ Helping to secure conference sponsors
- ☐ Coordinating collaborative research projects and publications derived from conference Presentations

Name: _____

Title: _____

Institutional Affiliation: _____

Telephone Number: _____

E-Mail Address: _____