



MATTERS OF THE HEART: CARDIOVASCULAR DISEASE, HEALTH, & HEALING

TULANE UNIVERSITY'S 3RD BIENNIAL BLACK
WOMEN'S HEALTH CONFERENCE

OCTOBER 12-13, 2018

TULANE UNIVERSITY

ROGERS MEMORIAL CHAPEL AND LAVIN-BERNICK CENTER

www.bwhconference.com

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BLACK WOMEN'S HEALTH TASK FORCE AT TULANE UNIVERSITY WELCOMES CONFERENCE PARTICIPANTS TO NEW ORLEANS, LOUISIANA

Six years ago, a group of faculty and staff from Tulane University and community organizers working in Metro New Orleans convened to brainstorm ways to organize conscious thought and purposeful action toward improving health outcomes for black women and girls. The group was driven, in part, by disparity statistics that characterize the health and wellbeing of black women and girls in comparison with other groups. But we were also motivated by the longer history of struggle for human rights, civil rights, and equal protection under the law, which shows that strategic coordination of people working within and outside academia has always played a vital role in inspiring, supporting, and sustaining mass efforts toward changing and improving health outcomes for people of color. With the pioneering efforts of organizations such as the Black Women's Health Imperative and the Institute of Women and Ethnic Studies as models, the Black Women's Health Task Force at Tulane University was founded on a philosophy of awareness-raising and results-oriented action.

Biennially, the Black Women's Health Task Force at Tulane University hosts a conference in New Orleans, Louisiana that gives practitioners, academics, community activists, and community members the opportunity to come together and formulate a common vocabulary for fostering black women's health and wellness. This year's theme, *Matters of the Heart: Cardiovascular Disease, Health, & Healing*, aims to foster dialogue about the determinants and ramifications of heart disease for black women. The U.S. Department of Health and Human Services identifies heart disease as the #1 cause of death for women in the United States, with one in four women dying annually from the disease. This year's conference spotlights this health issue through a rich variety of workshops, presentations, and plenary talks.

While in attendance, we encourage you to sample other aspects of our culture that makes biennially convening the Black Women's Health Conference in New Orleans both necessary and divine. Outside of the Heart of the French Quarters, choice restaurants and fresh entertainment and education can be found at: *Neyow's Creole Café*, 3332 Bienville Street, *Sassafras of New Orleans*, 2500 Leon C. Simon; *Bennachin's*, 1212 Royal Street; *Li'l Dizzy's Café*, 1500 Esplanade Avenue; *Half Shell on the Bayou*, 2517 Bayou Road; the Community Book Center, 2523 Bayou Road; and the Ogden Museum of Southern Art, 925 Camp Street.

In addition to the donations received from private sponsors, the task force is especially grateful for the support we received to host this year's conference from the Lavin-Bernick Faculty Grant Program and the Program for Africana Studies at Tulane University. As well, we thank you for your participation and contributions to advancing the vision and mission of the Black Women's Health Conference Task Force at Tulane University. Welcome to New Orleans!

Carolyn Barber-Pierre, Assistant Vice-President for Student Affairs/Intercultural Life
 Michael Cunningham, Associate Provost, Center for Engaged Learning & Teaching, Professor of Psychology and Africana Studies
 Marva Lewis, Associate Professor, School of Social Work
 Nghana Lewis, Associate Professor of English and Africana Studies
 Lisa Molix, Associate Professor of Psychology



SCHEDULE

FRIDAY, OCTOBER 12, 2018

6:30PM **Opening Keynote** **Dr. Thomas LaVeist**
Myra Clara Rogers Memorial Chapel
1229 Broadway Street, NOLA

A national expert on issues related to equity and health, Dr. LaVeist is currently Dean of Tulane University School of Public Health and Tropical Medicine. He also holds the position of Presidential Chair in Health Equity.

SATURDAY, OCTOBER 13, 2018

8:00-9:00AM **Registration**
Myra Clara Rogers Memorial Chapel
1229 Broadway Street, NOLA

9:00-10:15AM **Morning Keynote** **Dr. Cordel Y. Parris**
Myra Clara Rogers Memorial Chapel
1229 Broadway Street

Born in Trinidad and Tobago, Dr. Parris Cordel is a cardiologist and current resident of Baton Rouge, Louisiana. She is the Owner and Operator of the Parris Cardiovascular Center and specializes in the diagnosis and preventative care of cardiovascular disease.

10:30-11:15AM **Plenary Session I** **Dr. Emily Harville**
Myra Clara Rogers Memorial Chapel
1229 Broadway Street

Dr. Harville is an Associate Professor in the Department of Epidemiology and Co-Director of the Center for Emerging Reproductive and Perinatal Epidemiology at Tulane’s School of Public Health and Tropical Medicine. Her presentation title is: “Transgenerational and Preconception Cardiovascular and Reproductive Health.”

11:30-12:30PM **Plenary Session II** **Sherena Edinboro**

A registered nurse who has been practicing in Northern California for over ten years, Ms. Edinboro is also the founder of “THE i choose me health project” and the founding president of the Capitol City Black Nurses Association in Sacramento, California. Her workshop title is “The ‘Strong Black Woman Syndrome’ and Black Women’s Health.”

1:00-2:30PM **Keynote Luncheon** **Troy Byer**
Stibbs Conference Room
Lavin-Bernick Center

Psychologist, Author, Director, Screenwriter, and Actress, Troy Byer is also an expert in Stress & Emotional Regulation, a certified HeartMath Trainer, and a Certified Anger Management Specialist. Her recent book, *How To Be a Responsibly Powerful Bitch & Take Your Life to New Heights* (2018) was inspired by the female, court-mandated participants in the Anger Management program she teaches.

